Meeting Name: Pennsylvania Maternal Health Collaborative

Date: March 7th, 2025

Time: 12:30 PM - 2:30 PM

Number of Attendees: 50

Next Meeting Date: June 6th, 2025

Meeting Notes

• Welcome – Scott Allen (FMEC)

- Agenda Overview
- Introduced leadership team & overall member (132 signed up)
 - Participants introduced themselves in chat
- Collaborative intent collaboration to present solutions, engage diverse workforce
- Overall Goals:
 - Engage a diverse group of stakeholders particularly those who may remain unconnected to PDOH work in this area but who will find virtual participation and sharing of solutions
 - Share information on current activities to address maternal morbidity, health disparities, and SDOHs, including their success and potential
 - Develop a strategy for identifying ongoing racist practices within maternity care and ways to mitigate these practices
 - Identify promising and successful models, particularly those which have strong data or the potential to show impact, for spread and sustainability.
 - Unite individuals and institutions in advancing such successful efforts, through collaboration or replication, and through new funding.
 - Disseminate findings through scholarship
- Maternal Health Success in Action David Saunders (Office of Health Equity)
 - Introduced speakers: Sara Goulet and Jenne Johns
- Once Upon A Preemie, Inc. Jenne Johns, MPH (President)
 - Vision To drive equitable health outcomes for 1 million Black preemie families
 - Our Why In the U.S. the preterm birth rate among Black women is 52% higher than the rate among all other women (March of Dimes, 2022). J. Johns had a terrible experience with her premature birth and wanted to give back to others going through the same thing.
 - Book Once Upon a Preemie
 - 3 pillars of work
 - Once Upon A Preemie Academy e-learning training program for perinatal and neonatal healthcare professionals
 - Made up of four 1-hour e-learning courses
 - Purpose is to raise awareness and offer real-time solutions for addressing health and racial equity

- All courses include 2 faculty (healthcare professionals and family member with lived experience)
- Impact: over 4,200 professionals trained, over 150 hospitals use services
- Looking for one measure from hospitals (quality improvement, patient satisfaction, etc.)
- Black Maternal Health & Neonatal Equity Policy Advocacy Advocate for policy and legislation that supports Black maternal and infant health, along with Pennsylvania Momnibus
- NICU Nest Family empowerment work, partner with local organization to deliver care packages, book resources, and other services to help families.
- \circ Upcoming Conference: Save the Date November 16th 17th, 2025
- Helpful Links
 - OUAP Contact (Email List)
 - Training Courses Demo Request
- PRISM Doula/Lactation Support Program for State Corrections Gerria Coffee (PA Doula Commission & Genesis Birth Services Founder/CEO) Unable to attend
- Interagency Group/Maternal Health Statewide Strategic Plan Update Sara Goulet (PA Dept. Of Human Services)
 - PA Data pregnancy associate mortality rate was 97/100,000 live births for PA
 - Strategic Plan Overview Four health agencies worked together to review data, conduct research, and seek collaborative involvement from people with lived experience, from all regions of the state, stakeholders, providers, and community-based organizations to conduct a situation analysis and set goals.
 - Equity is at the center for this plan
 - Began in May 2024
 - Vision A Pennsylvania where every pregnant and birthing individual has easy access to high-quality perinatal, birth, and postpartum care that is person-centered, comprehensive equitable, and affordable that results in healthy outcomes.
 - Collaborators: PA Perinatal Quality Collaborative, 2021 MMRC, Philadelphia MMRC, National Governor's Association, The Black Maternal Health Caucus, and more.
 - Pillars of Action
 - Increase access to high quality care
 - Support behavioral health and substance abuse disorders
 - Address the social determinants of health
 - Improve rural health and maternal health deserts
 - Expand and diversity the maternal health workforce
 - Collecting lived experiences through research
 - Listening sessions (14 completed so far)
 - Key topics barriers to accessing care (transportation and childcare), prenatal or basic healthcare are not kept up, there is a need for implicit bias training for providers, Black people are reluctant to access care due

to racism and distrust of system, BH/SUD is an ongoing challenge and there is fear of stigma.

- Surveys (In English and Spanish)
 - Topics reproductive care access, mental health/substance abuse barriers, socioeconomic stressors, etc.
- How You Can Help
 - Join a Priority Team 25% with lived experience, stakeholders from the maternal health community, providers, hospitals, MCOs and commercial insurances, representatives from Commonwealth agencies, etc.
- Next Steps
 - Governor's Office review and approval -> Stakeholder feedback -> official plan announcement -> outreach to invite implementation team members -> get to work as a united front -> track/report/revise/continue
- Overview Dr. Sarah Ramirez
 - o Alignment of goals for maternal health across PA
 - Introduced group discussion
- Group Discussion
 - Dr. Sharee Livingston DDI runs a program on community doula education practices, done through hybrid model. 3 groups - thinking about pregnancy, pregnant, or postpartum, but open to anyone. Topics of focus are on birth, lactation, postpartum, knowing/understanding your rights.
 - DDI
 - Perinatal TIPS Program
 - Sara Goulet Allegheny Health runs the Alexis Joy Center for perinatal mental health. Mom/Baby focused program.,
 - Alexis Joy Center
 - There are few substance abuse clinics that allow mothers to bring their children
 - Gaudenzia Health Services
 - Shannon Hayward Maternity Medical Homes in Scranton, collaboration with Nurse-Family Partnership, WIC, behavioral health, etc.
 - Amy Martin similar model (social services net) in place in Delaware County
 - Dr. Mary Kelleher Hello Baby in Allegheny County (support for mental health, SUD treatment, etc.)
 - Hello Baby Program
 - Mario DeMarco PROUD Program (mental health and SUD clinic, refers patients from all OB practices)
 - Tamika Allen-Kuhn BirthRoot Community Doula offers mothers in Erie County with inhome postpartum care
 - o Rachel Mark Medical Legal Partnerships in Philadelphia
 - Fair Project/ HELP MLP Philadelphia
 - Other Links

Pennsylvania Maternal Health Collaborative March 7, 2025 Meeting Notes

- Healthy Moms The Wright Center
- MAYA Organization (Counseling services)

• Upcoming Events – Tensae Gertz, MPH (Office of Health Equity)

- PA Health Equity Conference May 1st, 2025
 - Virtual & Free
 - Registration <u>2025 Pennsylvania Health Equity Conference</u>
 Call For Speakers <u>2025 Virtual Health Equity Conference</u>: Thursday May 1, 2025
- Once Upon a Preemie –November 16th 17th, 2025
- PA Statewide Maternal Health Summit (PA Latino Connection)
 - Info coming soon
- PA PQC Annual Conference May 21st, 2025
 - In Altoona, PA & Free
 - Pennsylvania Perinatal Quality Collaborative Register
- Tufts University Black Maternal Health Conference April 4th 5th, 2025
 - <u>Black Maternal Health Conference</u> | <u>Center for Black Maternal Health and</u> <u>Reproductive Justice</u>
- Next Steps Opportunities for Communication and Collaboration