

CERTIFICATE OF PARTICIPATION

This certifies that:



(Name of Physician Participant)
has participated in the following educational activity:
**Family Medicine Education Consortium (FMEC)
2026 Annual Meeting**
and is awarded up to 28.50 credits.



American Academy of Family Physicians (AAFP) Continuing Medical Education Accreditation

The AAFP has reviewed 2026 FMEC Annual Meeting and deemed it acceptable for up to 28.5 Live AAFP Prescribed credits. Term of Approval is from 9/24/2026 to 9/26/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Note that the following topics were denied credit because content eligibility was not evident within the learning objectives as required by the [non-clinical eligibility requirements](#); was deemed not relevant to the scope of family medicine; was not sufficiently evidence-based/customary and generally accepted and being presented instructionally; was appearing to be for the physician's personal benefit; or due to the CME provider's request.

- An Osteopathic and Integrative Approach to the Management of Dysautonomia (Workshop)
- Citizen Science and Air Quality: A Case Report (Paper)
- Interventions to Reduce Disparities in Plastic Surgery: A Systematic Review (Poster)
- OMM for Migraines (Workshop)
- OMT to Augment Labor Management (Workshop)
- Preparing for Financial Success as a New Physician (Seminar)
- Restoring Balance: How Osteopathic and Functional Medicine Address Chronic Pain (Workshop)
- Tea as Medicine: Evidence-Based Health Benefits Across Cultures (Seminar)
- The Promise and Challenge of Reflective Writing (Workshop)

AMA/AAFP Equivalency

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to *AMA PRA Category 1 credit(s)*™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1. For all AAFP credit equivalencies and recognition, please see the AAFP Credit System website at <https://www.aafp.org/cme/credit-system/credit-statements/agreements.html>.

I participated in _____ credits of this CME activity.

Physician Participant's Signature

Date

A handwritten signature in black ink, appearing to read "Heather Paladine MD".

Signature of CME Activity Director
Heather Paladine, MD, FAAFP
FMEC Planning Committee/FMEC Board of Trustees
September 16, 2026

To self-report CME credit

- Visit the CME Reporter at <https://www.aafp.org/cme/about/report.html>
- Contact the Member Resource Center at aafp@aafp.org or 800/274-2237
- Mail certificate to: AAFP, 11400 Tomahawk Creek Parkway, Leawood, KS 66211-2672