



For Immediate Release

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FMEC Announces 2025 Poster Presentation Winners

DAYTON, OHIO – Each year, at the Annual Meeting of the Family Medicine Education Consortium (FMEC), the best scientific posters are presented with awards to recognize their excellence.

The FMEC 2025 Annual Meeting was held September 18-20, 2025, at the Huntington Convention Center in Cleveland, OH. Nearly 950 family practice faculty, residents and medical students attended the meeting. They represented over 100 residency programs and over 50 medical schools, primarily in the northeast region of the United States.

A total of 136 posters were accepted for presentation at the meeting. The FMEC recognized 1st-3rd places. All posters were accepted in the spring and summer of 2025 for their relevance and importance to the field of family medicine, and they were judged for their visual impact, clarity of message, readability and other factors by a panel of family physician reviewers. A list of all poster presentations can be found in the [FMEC 2025 Annual Meeting Program](#).

On behalf of the FMEC and our 2025 Annual Meeting planners and poster judges, led by Dr. Jaividhya Dasarathy MD, FAAFP, Vice Chair of Education, Department of Family Medicine, MetroHealth, congratulations to all of the FMEC 2025 poster presentation winners this year. We wish you the best in your career endeavors.

The FMEC 2026 Annual Meeting will be held September 24-26, 2026 at Harrah's Resort Atlantic City in Atlantic City, NJ.

Poster Winners

First Place (3-way tie)

Centering Pregnancy within a Family Medicine Residency Clinic

Allison Hoynes MD, OhioHealth; Molly Stanford MD, MSc, OhioHealth; Amanda Schelper MD, OhioHealth

A Holistic Postpartum Group Visit Model for New-arrival Moms and Infants

Opeoluwa Olukorede MD, University of Massachusetts Chan Medical School; Vivane Rutabingwa MD, University of Massachusetts Chan Medical School; Daniel Mbuso MS1, University of Massachusetts Chan Medical School; Sandela Cenege CHW, Worcester RISE for Health; Katharine Barnard MD, University of Massachusetts Chan Medical School

Bridging the Gap in Osteoporosis Care: A Didactic intervention to Increase Screening Rates



Sarin Itty DO, IFH Mid-Hudson Family Medicine Residency Program; Mahati Upadhyayula MBBS, IFH Mid-Hudson Family Medicine Residency Program; Marjorie Affel MD, IFH Mid-Hudson Family Medicine Residency Program

Second Place

What Makes you Tick? Anaplasmosis in Western PA

Kelsey Rice DO, Heritage Valley Health Systems; Lindsay Heiple DO, Heritage Valley Health Systems

Third Place (2-way tie)

Nutritional Interventions in Liver Cirrhosis: Dietary Management for Improved Outcome

Robert Ades BS, Albert Einstein College of Medicine; Heather Archer-Dyer BA, MPH, Albert Einstein College of Medicine

Talk, Trust, Treat: Improving Resident Confidence in PrEP Counseling Through Education

Samantha Williams MD, Phelps Hospital Family Medicine Residency Northwell Health

About the Family Medicine Education Consortium

The [FMEC](#) is a catalyst, convener, and incubator that connects family physicians and other stakeholders to improve the health communities by strengthening family medicine, primary care and medical education. The FMEC serves 14 states and the District of Columbia in the northeast region of the U.S., working with 60 medical school departments of family medicine, over 220 family medicine residency programs, and thousands of family physicians and other health care providers in community settings. Through an Annual Meeting for over 1,000 health professionals, annual awards, learning communities, and quality improvement projects, the FMEC inspires medical students to seek careers in family medicine, strengthens academic family medicine through faculty development and leadership experiences, and stimulates innovative approaches to primary care service delivery.

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