



FMEC Board Members surfing into Atlantic City for the 2026 Annual Meeting.

FMEC Annual Meeting Report 2026

FAMILY MEDICINE
EDUCATION CONSORTIUM, INC.



www.fmec.net

Atlantic City: Riding the Waves of Change in Family Medicine

For the 42th year, from September 24-26, 2026, family physicians, residents, medical students and their supporters from the northeast U.S. gathered for an exciting Annual Meeting.

FMEC Meeting Participation Continues to Grow

This was FMEC's second largest meeting ever, just shy of 1,200 attendees! We welcomed 307 medical students, 343 residents and fellows, and 477 faculty and other post-training professionals, along with over 70 exhibitors, staff, volunteers and others. We set records for the Residency Fair, which had 108 programs represented, and program submissions, with 462. The agenda was packed, with 6 preconferences, 111 workshops and seminars, 93 lecture discussions, 49 paper and research/QI presentations, 19 speed presentations, 25 breakfast table discussions, 8 clinical camps, and 143 posters.

Preconferences Address ACGME Requirements

To help residencies meet new and upcoming requirements, FMEC's preconferences included an Advanced Live Support in Obstetrics (ALSO) Course, an ALSO Instructor Course, and a POCUS workshop - which collectively trained over 70 people - along with sessions on faculty development, maternity care, and women's health.



Thank You to Our Plenary Speakers

Plenary talks are a key feature of the meeting, exploring the challenges and opportunities for the future of family medicine; inspiring students and residents by highlighting the broad career possibilities in family medicine; and addressing hot topics such as AI, social determinants of health, and more. On Friday afternoon, Kisha Davis, MD, MPH, FAAFP, incoming president of the AAFP, presented “Family Medicine at the Crossroads.”

That evening, Mike “Dr. Mike” Varshavski, DO discussed “Healthcare Communication in the Digital Era,” sharing how he built an audience of over 30 million followers on social media, and offering tips to doctors and future doctors about having an online presence.



On Saturday afternoon, Kaitlan Baston, MD, MSc, DFASAM, CEO of Vinyl Health and previously Commissioner of the New Jersey Department of Health, addressed a hot topic with “Shaping the Future of Care: Where Leadership, Policy, and AI Converge.”

Online Resources

Visit the 2026 Annual Meeting page at www.fmec.net to find the PDF of the full program, the CME certificate for those who attended, the 2026 Awards Booklet, the Residency Fair participation list, and thanks to the exhibitors and Host Committee.

Congratulations to the 2026 Poster Presentation Winners!



- First Place - An Invisible Toll: The Impacts of the Preclinical Medical School Experience on LGBTQIA+ Students (Ezra Felder, Samantha Temucin DO, Paige Varin DO, LeeAnn Tanaka DO, Philadelphia College of Osteopathic Medicine)
- Second Place - The Voice Behind the Screens: A Qualitative Study of Remote Medical Interpreters during Serious Illness Conversations (Joyce Zhang BS, Kaitlyn Williams MS, Kathleen Mechler MD, Thomas Jefferson University/Sidney Kimmel Medical College)
- Third Place - Cut the Fluff: A Resident-Led Quality Improvement Initiative to Reduce Note Bloat and Documentation Burden (Sayeri Dutta MD, Karan Sharma MD, Mayur Rali MD, FAAFP, Zeeshan Khan MD, St Joseph Hospital Family Medicine)

Congratulations to the 2026 Award Recipients! Read the Award Winners' Submissions

All the winners, as well as the winning 2026 poetry and This We Believe submissions, are included in the FMEC 2026 Awards Booklet, which is posted on the FMEC website. Visit <https://www.fmec.net/about-awards> to read the creative, moving and inspirational pieces that won this year's awards.

FMEC President
Dr. Pam Vnenchak
presents Dr. Bill
Warning with the
Champion of Family
Medicine Award.



FMEC Immediate Past
President Dr. Leon
McCrea presents Dr.
Stacy Potts with the
Family Physicians Who
are Changing Our
World Award.



Thank you to our Host Committee!

The Host Committee determines plenary speakers, creates the theme, recruits exhibitors and sponsors, and helps run the meeting onsite. This year's Host Committee had 45 members from over 20 local programs.

Atlantic Health/Overlook Family Medicine
Residency (co-chair)
Cooper Medical School of Rowan
University/Cooper University Hospital
Program (co-chair)
Beebe Healthcare Family Medicine
Residency
Capital Health
ChristianaCare
Hunterdon Medical Center Family Medicine
Residency Program
Inspira Health Network/Inspira Medical
Center - Mullica Hill Program
Inspira Vineland
Institute for Family Health

Jamaica Hospital Family Medicine Residency
Jefferson Health New Jersey
Meritus Family Medicine Residency Program
New York Presbyterian-Columbia Family
Medicine Residency Program
Penn Medicine Doylestown Health Family
Medicine Residency Program
Rutgers New Jersey Medical School
St. Luke's University Health Network
St. Mary Medical Center/SMMC
SUNY Downstate Health Sciences University
Thomas Jefferson University Department of
Family and Community Medicine
University of Pennsylvania Family Medicine
Residency Program

Sponsors Make the Meeting Happen - Thank You to our 2026 Sponsors

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Hunterdon Family Medicine Residency
Inspira Health Network

Jefferson Health
New York State Academy of Family Physicians
PracticeLink
Rowan-Virtua School of Osteopathic Medicine
The Cleveland Clinic Center for Continuing
Education
UPMC Life Changing Medicine

Learning and Connecting with Exhibitors

Thirty-three exhibitors joined the FMEC Annual Meeting to share important information about new products and services, educational tools, job openings, and more. Thank you to the [FMEC's 2026 exhibitors!](#)

Help Support Medical Students with Scholarships

FMEC's Nik Zervanos, MD Student Scholarship Program has brought nearly 8,000 medical students to FMEC meetings over the last 20 years, including over 300 to Atlantic City. Please help continue the great work started by Dr. Zervanos and contribute to the program by visiting <https://www.fmec.net/medical-student-scholarships-campaign>.



**FMEC leaders with Dr. Mike
after his presentation.**

Join us in 2027!

The FMEC will hold its 2027 Annual Meeting at the [Baltimore Hilton Inner Harbor](#) from September 9-11, 2027. Watch for announcements about how to join the Host Committee and Planning Committee, and how to submit educational program proposals, in late 2026.

