

# Virtual Orientation to the FMEC Annual Meeting for Scholarship Attendees

**August 27, 2025**



## From Vinyl to Virtual Rocking Innovation, Amplifying Health



[www.fmec.net](http://www.fmec.net)

Please  
introduce  
yourself in  
the chat!

**Use the chat or unmute yourself to ask  
questions or answer our questions**

**Please mute when you are not speaking**



# What is the FMEC?

## **About the Family Medicine Education Consortium**

The FMEC is a catalyst, convener, and incubator that connects family physicians and other stakeholders to improve the health communities by strengthening family medicine, primary care and medical education. The FMEC serves 14 states and the District of Columbia in the northeast region of the U.S., working with 60 medical school departments of family medicine, over 220 family medicine residency programs, and thousands of family physicians and other health care providers in community settings.

Through an Annual Meeting for nearly 1,000 health professionals, annual awards, learning communities, and quality improvement projects, the FMEC inspires medical students to seek careers in family medicine, strengthens academic family medicine through faculty development and leadership experiences and stimulates innovative approaches to primary care service delivery.

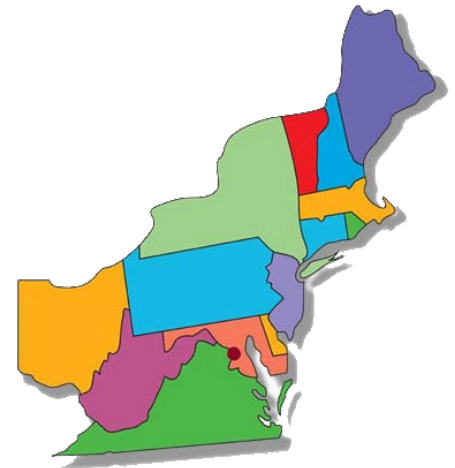
# Where do we work?

## Northeast Region

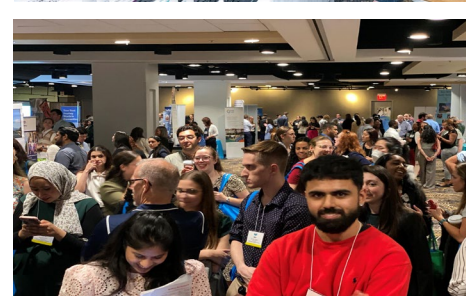
Connecticut \* Delaware \* Massachusetts \* Maryland \* Maine \* New Hampshire \* New Jersey \*  
New York \* Ohio \* Pennsylvania \* Rhode Island \* Vermont \* Virginia \* West Virginia \* Washington DC

### FMEC Goals

- Promote family medicine and primary care to students
- Support residents as they transition in their careers
- Strengthen academic family medicine
- Create and sustain quality improvement initiatives
- Stimulate innovative approaches to primary care service delivery









## What does your scholarship cover?

### Your scholarship includes:

- FMEC membership for one year
- Annual Meeting registration fee
- All conference-provided meals and breaks
- Two (2) nights in the hotel (double bedded room shared with another scholarship student)
- Admittance to Residency Fair and all academic programming
- One-on-one support from the FMEC Student Coordinator
- A pre-meeting orientation and Q&A session to prepare you for the meeting

*Travel to the conference and parking are not covered.  
Incidentals are not covered.*



# Where is the meeting?

## Huntington Convention Center

300 Lakeside Avenue East  
Cleveland, OH, 44113



If you have any questions, please contact Jennifer Stamper:  
[jennifer.stamper@fmec.net](mailto:jennifer.stamper@fmec.net)

# Where is the hotel?

## Hilton Cleveland Downtown

100 Lakeside Avenue E

Cleveland, OH 44114

(connected to the convention center)



If you have any questions, please contact Jennifer Stamper:  
[jennifer.stamper@fmec.net](mailto:jennifer.stamper@fmec.net)



# Navigating the FMEC Annual Meeting

## Schedule at a Glance

### Wednesday, September 17, 2025

4pm–7pm Early Arrivals Registration

### Thursday, September 18, 2025

11am–7pm Registration

7:30am–12pm Business Meetings

8am–6pm Preconferences (separate registration)

6pm–7pm FMEC Presidents Welcome Reception (invitation only)

### Friday, September 19, 2025

7am–8:30pm Registration

8am–12pm Exhibitor Set-up

9am–12:30pm Sessions (9–10, 10:15–11:15, 11:30–12:30)

10am–1pm Residency Fair Set-up

12pm–5:30pm Exhibitor Booth Hours

### Friday (continued)

12:30pm–2pm Opening Plenary and Awards (lunch)

2:30pm–5pm Sessions (2:30–3:30, 3:45–4:45)

4:45pm–5:30pm Evening Break (visit the exhibits)

5:30pm–7pm Evening Plenary and Awards (dinner)

7pm–9pm Residency Fair

### Saturday, September 20, 2025

7am–5pm Registration

7am–8am Breakfast Discussion Tables

8am–2:30pm Exhibitor Booth Hours

8am–12pm Sessions (8–9, 9:15–10:15, 11–12)

12pm–2:30pm Learn at Lunch (Poster Sessions, Clinical Camps)

2:30pm–3:30pm Sessions (2:30–3:30)

3:45pm–4:45pm Closing Plenary and Awards

4:45pm–6:45pm Residency Fair

7:30pm–9:30pm Closing Celebration at Rock and Roll Hall of Fame

# Navigating the FMEC Annual Meeting

## Educational Programming:

Workshops and Seminars are 1 hour

Research and QI = 30 mins (2 per 1-hour block)

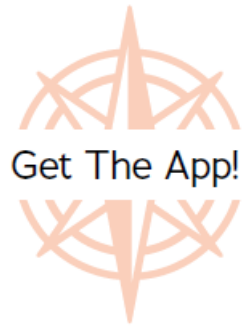
Lecture Discussions = 20 mins (3 per 1-hour block)

Papers = 15 mins (4 per 1-hour block)

Clinical Success Stories, Power Stories,  
Speed Presentations = 5-7 mins

Abbreviation	Name
ACGME	ACGME/Guidelines and Standards
ADSU	Addiction/Substance Use
ADV	Advocacy
ART	Art/Narrative Medicine
CE	Community Engagement/Involvement
DEI	Diversity, Equity and Inclusion
DMCC	Disease Management/Clinical Care
F	Faculty
GER	Geriatric/Palliative Care
GH	Global Health/Immigrants/Refugees
IMM	Immunizations
MCH	Maternal and Child Health
MH	Mental Health
NT	Nutrition
OSTEO	Osteopathic
POCUS	Point-of-Care Ultrasound
PRO	Procedures
PTSIP	Preparing to Succeed in Practice
R	Resident
REPRO	Reproductive Health
RESQI	Research/Quality Improvement
RM	Rural Medicine
S	Student
SDOH	Social Determinants of Health
TECH	Artificial Intelligence/Technology
WELL	Wellness
WPC	Whole Person Care/Integrative Medicine

# Plan your schedule in advance!



**Watch your email!** The app will come out the week before the meeting.

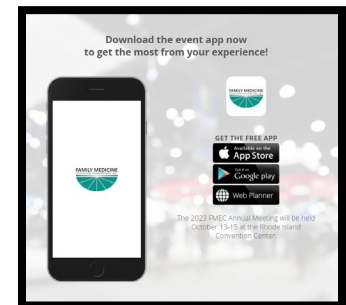
To download the mobile app, search the App Store or Google Play for “FMEC”.

**Login:** the email address you used for registration

**Password:** fmec2025

## With the mobile app, you can:

- Stay organized with real-time event information
- Receive on-site messages from FMEC
- Build a personalized schedule
- Search by day, track or speaker name
- Take notes and download event handouts and presentations
- Rate the sessions you attend and add comments
- Find attendees and connect with your colleagues through Friends
- Share your event photos and experiences with the Activity Feed



# Can't Miss Events

## Friday Lunch

September 20, 12:30pm



**Gary Lewis LeRoy, MD**  
**Unnoticed Wisdom**

## Friday Dinner

September 20, 5:30pm



**Chrissy Alexander-Rager, MD**  
**Health System Leadership**

## Saturday Afternoon

September 21, 3:45pm



**Louito (Lou) Edje, MD**  
**Artificial Intelligence**



## Two opportunities to visit the Residency Fair!

**Friday, September 19: 7pm-9pm** (after plenary speaker and dinner)

**Saturday, September 20: 4:45pm-6:45pm**  
(then Closing Celebration at the Rock and Roll Hall of Fame!)



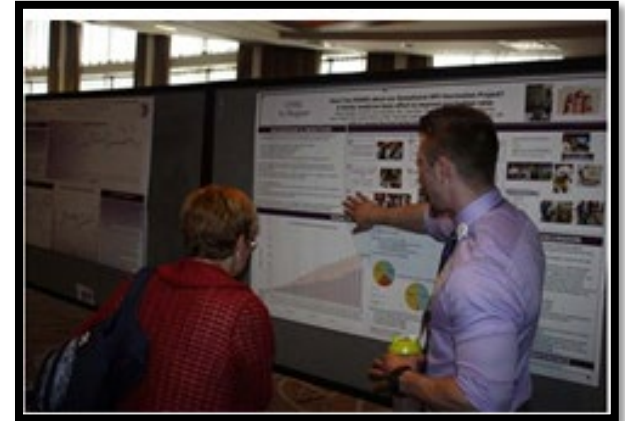
# If you are presenting a poster:

**Poster set-up time:** Saturday morning from 10:30 am – 12:00 noon.

**Where:** Grand Ballroom A-B (plenary room)

**Poster Session I:** Saturday, 12pm – 1:10pm

**Poster Session II:** Saturday, 1:20pm-2:30pm



- Presenters must bring their own poster supplies, such as poster, push pins, scissors, tape, etc.
- Poster tear-down is Saturday afternoon no later than 4:00 pm.
- Poster presentation area is a 4 X 8 cork-board surface mounted on an easel. Each easel is numbered; refer to the Conference Program to find your poster number.
- Session I presenters: please wrap up so Session II can put posters up.
- Watch the recorded Zoom meeting about presenting a poster (see the FMEC website).

# Things to know...

- **REGISTRATION** opens at 7am on Friday, September 19 (also open Wednesday and Thursday)
- **HOTEL CHECK-IN is 4:00pm** but you can check to see if your room is ready early. If you requested housing, you do not need a confirmation number to check into the hotel. Your name is on our student rooming block list. Go to the hotel check-in desk and give them your name. A credit card is required to secure any incidentals you may incur, but the lodging costs are on our master bill.
- **IMPORTANT:** Please be aware: Your roommate may not check in until Saturday. Most rooms have at least 2 students in them unless there are last minute cancellations. If you have secured a private room, this does not apply to you.
- **LUGGAGE** - If your room is not ready, please do not bring your luggage into the programs, but rather check it at the front desk of the hotel.

# Things to know...

- **THURSDAY NIGHT STAYS** - These are not covered by your scholarship award. If you contact the hotel directly for a Thursday night stay, this will be at your cost.
- **PARKING** is not covered by your scholarship. Research the area for cheaper options! For parking information, please see <https://www.clevelandconventions.com/venue-info/parking-directions/>
- **DRESS IS BUSINESS CASUAL** - wear comfortable shoes! You will be doing a lot of walking.
- **BE FLEXIBLE!** Opportunities to network with other physicians from the meeting are invaluable. Don't be afraid to sit and chat between sessions during these chance encounters.
- **STUDENTS OF ALL YEARS** are welcome to attend any session! Sessions coded as (S) are especially for student audiences.
- **THE RESIDENCY FAIR** happens on both Friday (evening) and Saturday (late afternoon).

# Which programs will be represented at the Residency Fair?

- For a full list of the programs, visit the conference app and look at show documents. There is also a listing in the printed program.

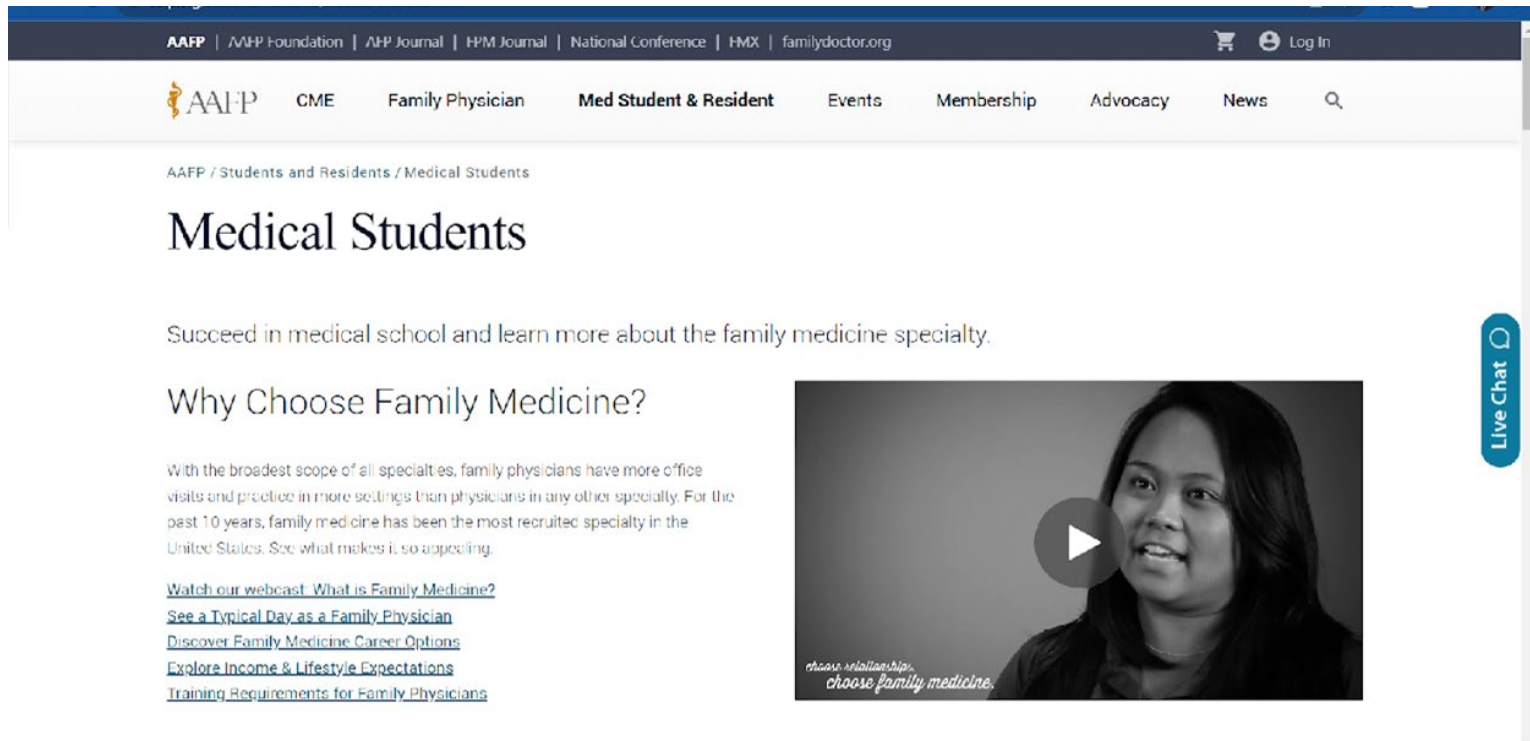
- Door Prizes each night:

Each scholarship student will receive a door prize card for each night of the residency fair. If you have 5 programs sign your card during the event, you can drop your completed entry into the bins for the chance to win some great prizes!

- Which questions should you be asking?
- How can you make the most of your time there?



# Resources from the AAFP



The screenshot shows the AAFP website's 'Medical Students' page. The top navigation bar includes links for AAFP, AAFP Foundation, AAFP Journal, FPM Journal, National Conference, HMX, and familydoctor.org. The main navigation menu features CME, Family Physician, Med Student & Resident (highlighted), Events, Membership, Advocacy, and News. The page title is 'Medical Students' with a breadcrumb trail 'AAFP / Students and Residents / Medical Students'. The main heading is 'Medical Students', followed by the text 'Succeed in medical school and learn more about the family medicine specialty.' Below this is the section 'Why Choose Family Medicine?' with a paragraph stating that family physicians have the broadest scope of all specialties and are the most recruited specialty in the US. A list of links includes 'Watch our webcast: What is Family Medicine?', 'See a Typical Day as a Family Physician', 'Discover Family Medicine Career Options', 'Explore Income & Lifestyle Expectations', and 'Training Requirements for Family Physicians'. A video player shows a woman smiling with the text 'choose challenges. choose family medicine.' and a play button icon. A 'Live Chat' button is on the right.

AAFP | AAFP Foundation | AAFP Journal | FPM Journal | National Conference | HMX | familydoctor.org

AAFP CME Family Physician **Med Student & Resident** Events Membership Advocacy News

AAFP / Students and Residents / Medical Students

## Medical Students

Succeed in medical school and learn more about the family medicine specialty.

### Why Choose Family Medicine?

With the broadest scope of all specialties, family physicians have more office visits and practice in more settings than physicians in any other specialty. For the past 10 years, family medicine has been the most recruited specialty in the United States. See what makes it so appealing.

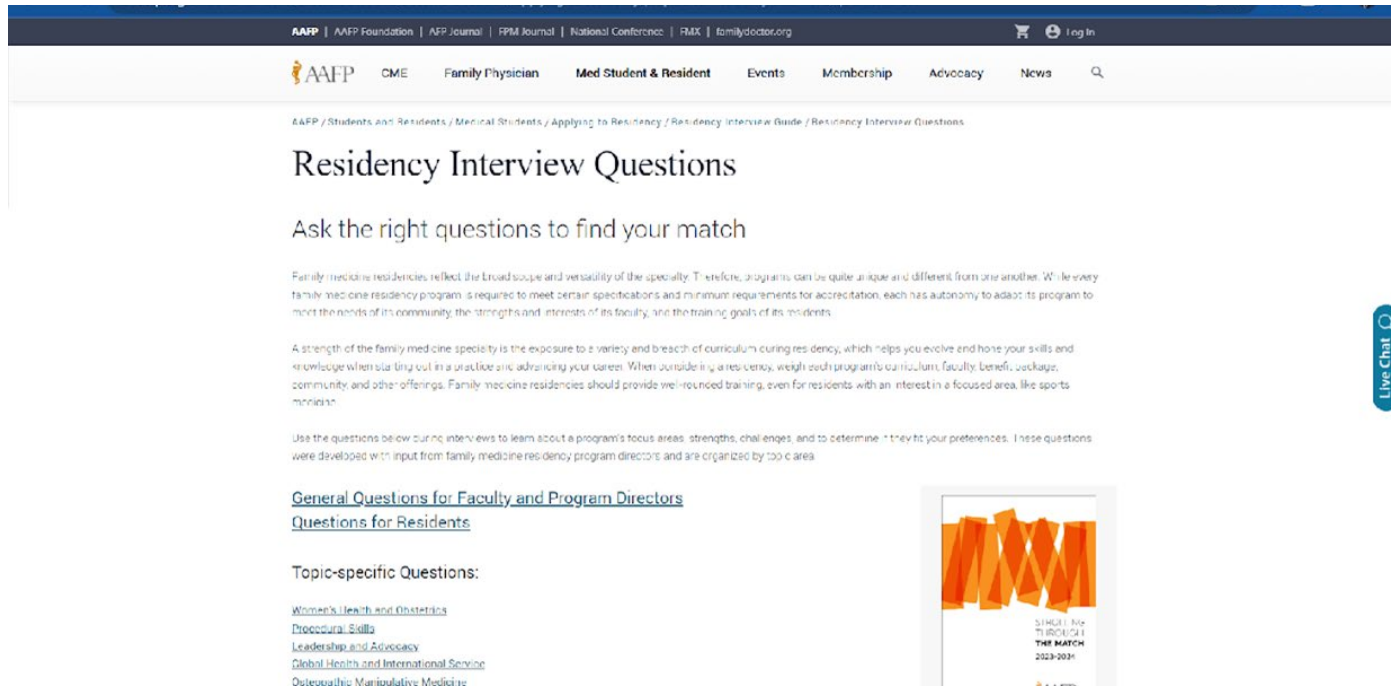
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choose challenges.  
choose family medicine.

Live Chat

<https://www.aafp.org/students-residents/medical-students.html>

# Resources from the AAFP



<https://www.aafp.org/students-residents/medical-students/become-a-resident/applying-to-residency/prepare-for-residency-interviews/questions.html>

# Resources from the AAFP

## General Questions for Faculty and Program Directors

- Where are most graduates located?
- What types of practices do graduates go into after residency?
- How do you perceive your program compared to other programs?
- What are the program's strengths? What makes your program unique?
- What kind of feedback have graduates given you about your program?

## Questions for Residents

- What was the most important factor that made you choose this program?
- What is a typical week/month/year like for a resident in PGY-1, PGY-2, and PGY-3?
- What is call like? What kind of backup and supervision is provided?
- When leave of absence becomes necessary, what happens?
- What community service opportunities are available?

## Women's Health and Obstetrics

- Which obstetric procedures are available in the program?
- What are the learning processes for training in obstetrics (OB)? Which faculty teach obstetrics?

## Procedural Skills

- Could you describe your curriculum as it relates to procedural skills in family medicine? Which procedural skills training does the program offer?
- What is your philosophy regarding procedural skills in family medicine?
- How do residents get exposure and training in procedural skills?

## Leadership and Advocacy

- Does the program have leadership curriculum?
- Are residents supported in external and/or organizational activities?

## Global Health and International Service

- What is the goal of the international rotation?
- Can you describe the field experience (e.g., clinical activities, public health initiatives, community activities, patient education, or other activities)?
- What is the cost of international experiences to residents?

## Osteopathic Manipulative Medicine Underserved Populations/SDOH Anti-Racism, Diversity, Inclusion Fellowships

## Academic or Research Careers

## Sports Medicine

## Integrative Medicine

## Well-Being and Culture



### **What should you do onsite if you have questions or problems**

Please come to the FMEC Registration desk located outside the session rooms

### **What will happen after the meeting?**

You will be asked to write up (briefly) your experience to share with our donors.

Your scholarship comes with an annual student membership to the FMEC.

You will receive communications throughout the year to stay in touch with us!

### **How can you stay connected to family medicine?**

Connect with the FMIG at your school, if possible.

Join the AAFP as a student member!



# Questions about the FMEC or the Meeting?

