2025 FMEC Preconference

ALSO Instructor Course

Thursday, September 18, 2025 12:30 pm - 5:30 pm



ALSO Instructor Course (12:30pm - 5:30pm)

Registration deadline: September 4, 2025 - NO ONSITE REGISTRATIONS

Course Director: Scott Hartman, MD, University of Rochester Medical Center

Faculty:

Scott Hartman, MD, Course Director, University of Rochester Medical Center Brianna Moyer, MD, Penn Medicine Lancaster General Health
Corey Fogelman, MD, Lancaster General Hospital Family Medicine Residency
Kristina Gracey, MD, MPH, UMass Chan Medical School Department of Family Medicine
Sarah Minney, MD, Highland Family Medicine, University of Rochester Medical Center Rowena D. Pingul-Ravano, MD, UPMC Shadyside Family Medicine Residency
Stephen Ratcliffe, MD, MSPH Union Community Care
Aimee Smith, DO, Institute for Family Health
Andrew Smith, MD, Greater Lawrence Family Health Center
Sarah Tiggelaar MD, University of Rochester Medical Center, Highland Family Medicine



Course overview: The American Academy of Family Physicians (AAFP) sponsors Advanced Life Support in Obstetrics ALSO®), an evidence-based, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to manage obstetric emergencies effectively.

The ALSO Instructor Course is a half-day course that prepares current ALSO Providers with the skills and knowledge they need to effectively teach ALSO courses. Participants attending an ALSO Course learn practical, standardized team-based approaches to managing emergency situations, such as postpartum hemorrhage, shoulder dystocia, breech delivery, cord prolapse, and maternal resuscitation. Become an ALSO Instructor, and learn about adult learning theory and faculty development, as well as how to offer effective feedback, teach in small group workstations, and evaluate participants.

Course Requirements: YOU MUST BE A CURRENT ALSO PROVIDER TO PARTICIPATE. ALSO Provider status as of September 18, 2025 will be confirmed and is REQUIRED. If you are an ALSO Provider, please confirm that you status will be valid as of September 18, 2025. If you need to become an ALSO Provider, view ALSO Provider Courses offered and complete the training before the FMEC meeting.

Learning Objectives: Upon completion of the course, participants will be able to:

- Discuss educational tools that can be used when giving feedback to ALSO course participants.
- Describe how to assist participants in dealing with questions and conflicts that can occur during the workstations.
- Demonstrate teaching capabilities by providing hands-on role-play utilizing maternal-fetal manikins along with timely feedback in order to adapt teaching methods to various situations.
- Demonstrate the ability to facilitate group discussion, as well as consider ways to implement faculty and learner feedback to enhance the educational experience.

Who should take this course?

Current ALSO Providers who wish to gain specific teaching skills, including physicians, residents, RNs, paramedics, midwives, nurse practitioners, and physician assistants.

Registration Fees:

Physicians/Healthcare Professionals:

FMEC Member: \$650 | Non-Member: \$675

Resident/Fellow:

FMEC Member \$550 | Non-Member: \$575 Students: n/a (students should not attend) Register today!

