



*We bring people and ideas together to get things done! Visit FMEC at [www.fmec.net](http://www.fmec.net)*

---

## **2023 FMEC Annual Meeting**

**October 13-15, 2023**

**Rhode Island Convention Center, Providence, RI**

**Session Lengths and Descriptions**

*Read below for information on session types and lengths. For submission instructions and deadlines, which may vary depending on the session type, visit the FMEC website at [www.fmec.net](http://www.fmec.net).*

### **Workshops (1 hour\*)**

Workshops are designed to transmit specific *skills* related to a clinical topic area or medical education challenge. The participants should be actively involved, learning through experiencing, via task-oriented activity, and/or through a “hands-on” approach. Proposals for workshops should include:

- specific learning objectives,
- the content of the presentation,
- methods for and extent of involving participants, and
- a breakdown of time utilization.

*\*For 2023, the FMEC has shortened workshops to one hour. Workshop proposals that require more than 60 minutes will be considered by the Planning Committee for a special, longer (90 or 120 minutes) program slot, or for presentation as a preconference.*

### **Seminars (1 hour)**

Seminars are designed to transmit specific *knowledge* in a given area and consist of a combination of formal presentations and group discussions. While not focused on skill development or hands-on experiences like workshops, they must still include a plan for active audience engagement. Proposals for seminars should include:

- specific learning objectives,
- the content of the presentation,
- methods for and extent of involving participants, and
- a breakdown of time utilization.

### **Research and Quality Improvement Presentations (30 minutes)**

Research and QI presentations report rigorously-designed investigations or interventions, which may be completed or in process. Two research or QI presentations, typically on similar or complementary topics, will be scheduled to be presented together in a one-hour block. Proposals for research and QI presentations should include:

- statement of problem addressed and its significance,
- brief background and summary of the literature review,
- methodology used with attention to research design and problems of measurement,
- summary of results, and
- summary of discussion and conclusions.

### **Paper Presentations (15 minutes)**

Paper presentations provide an opportunity to present to a wide audience about research, scholarship, curricular design, teaching programs, community service, and any other topic of interest related to family medicine. Projects under development are also accepted in this category. Four paper presentations, typically on similar or complementary topics, will be scheduled to be presented together in a one-hour block. Proposals for paper presentations should include:



*We bring people and ideas together to get things done! Visit FMEC at [www.fmec.net](http://www.fmec.net)*

---

- specific learning objectives, and
- a summary of the content.

### **Lecture/Discussions (20 minutes)**

The lecture/discussion format is similar to a seminar, including a short presentation and participant discussion. This format is appropriate for sharing brief information on a specific clinical, educational or policy topic, a report of a project or activity, or the introduction of a policy issue. Three lecture discussion presentations, typically on similar or complementary topics, will be scheduled to be presented together in a one-hour block. Proposals for lecture/discussion submissions should include:

- specific learning objectives, and
- a summary of the content.

### **Posters**

The poster session serves as an exchange of information on various topics of interest in family medicine. Posters will be assigned to one of two sessions on Saturday during the meeting. Proposals for poster submissions should include:

- specific learning objectives,
- methods and content, and
- findings and conclusions for research projects.

### **Breakfast Table Discussions (45-60 minutes)**

The FMEC provides opportunities during the Saturday breakfast especially intended to support groups that are working on a common topic/project, or who would like to connect with others throughout the FMEC region to discuss common challenges or emerging issues. These usually begin with a brief presentation by the facilitator who proposed the session but should be primarily discussion. Breakfast table submissions should include the name of the topic and a few sentences about the topic, project, challenge, or issue. Also mention if the discussion is limited to a defined working group or if any/all conference participants are invited to join in.

### **Clinical Success/Power Stories (5 minutes)**

This venue allows presenters to a) share a patient story which has inspired their own passion to serve and care for others or that reveals one or more of the core attributes of family medicine, or b) share a story related to the teaching of students/residents. Accepted presenters will be allowed a maximum of five minutes to introduce a memorable encounter, moment, relationship, or teaching experience. The submission requires the written story (or a draft of the story to be refined before presentation), which should be no longer than 2-3 single-spaced pages. Up to 10 clinical success or power stories will be scheduled to be presented together in a one-hour block.

### **Speed Presentations (5-7 minutes)**

This format provides the presenter with a required time and slide limit (for instance, 5 minutes and a maximum of 5 slides) to share ideas and information in a focused, direct manner. In addition to educating the audience, the speed presentation format is a skill development experience for the presenter, helping them refine and deliver an effective message. Multiple speed presentations will be combined into one hour-long session, with time for presenters and audience members to discuss both the presentations itself and the content.