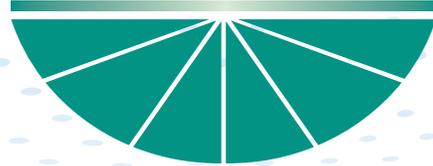


# 2021

## ANNUAL REPORT

**FAMILY MEDICINE**  
EDUCATION CONSORTIUM, INC.



*The FMEC Mission is to improve the health of the nation by strengthening family medicine and helping primary care to meet its full potential.*

# 2021 FMEC Year End REVIEW



## Message from Donald Raj Woolever, MD, President

2021 was a great year for the FMEC. Despite COVID-19 challenges, we held a wonderful 2021 Annual Meeting in Pittsburgh, introducing hundreds of medical students to family medicine and re-energizing residents and faculty with exciting clinical content and innovations. We continued our many successful learning communities and made plans for new initiatives. The Legacy Campaign quickly established a strong foundation for support of the FMEC's future and is gaining new donors every day. Our leadership established a Diversity, Equity and Inclusion Committee, which will introduce exciting new programs in 2022. We thanked and honored our founding CEO, Larry Bauer, as he passed the baton to a new CEO, Scott Allen, who will continue bring the dreams and ideas of our many volunteers and supporters to fruition.

On behalf of the FMEC staff and Board of Trustees, thank you for all you do for the FMEC and family medicine, and we're looking forward to seeing you at our next Annual Meeting, September 16-18, 2022, at the Hyatt Regency Crystal City in Arlington, VA.

## EXECUTIVE COMMITTEE

### Donald Raj Woolever, MD

*President*

Maine-Dartmouth  
Family Medicine Residency  
Program  
Augusta, ME

### Leon McCrea, II, MD, MPH

*President-Elect*

Drexel University College of  
Medicine  
Springfield, PA

### Pam Vnenchak, MD

*Treasurer – Secretary*

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Medicine  
Lancaster, PA

### Amy Crawford - Faucher, MD

*Immediate Past President*

Allegheny Health Network  
Forbes Family Medicine  
Residency  
Monroeville, PA

## FMEC BOARD OF TRUSTEES

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Overlook Medical Center  
Summit, NJ

### Jennifer Sparks, MD

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### Tracey Conti, MD

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Family Medicine Residency Program  
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### Heather L. Paladine, MD

New York Presbyterian/  
Columbia University  
Family Medicine Residency  
New York, NY

### Molly Talley

Director of Resident  
and Student Initiatives  
Pennsylvania Academy  
of Family Physicians  
Harrisburg, PA

### Aaron George, DO

Meritus Health  
Hagerstown, MD

*\* through October 2021*



# FMEC Goals

- **Inspiring Students:** 7,400+ medical students have received scholarships to attend the FMEC Annual Meeting since 1992.
- **Supporting Innovative Approaches:** In 2021, the 9th Direct Primary Care Summit was held virtually with 360 attendees. We co-sponsored the event with the American Academy of Family Physicians (AAFP) and American College of Osteopathic Family Physicians (ACOFPP).
- **Preparing Residents:** Preparing to Succeed In Practice, a resident focused educational session, held its 10th successful event during the FMEC Annual Meeting - sponsored by ChenMed and Geisinger.
- **Developing Faculty/Leadership:** The FMEC offers education and support through its annual meeting and through events held in each marketplace in the northeast region. The services respond to the needs of senior, mid-career and new faculty members.
- **Sustaining Projects:** The FMEC continued its FACTS and IMPLICIT projects, completed a new project on Integrative Health, and started developing projects on medical humanities, weight loss counseling, and more.

## 2020 FINANCIAL Statement

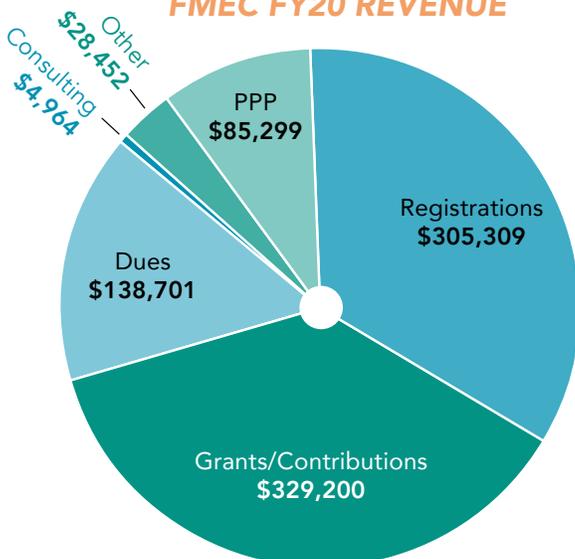
Based on FMEC fiscal year 2020 (January 1, 2020 to December 31, 2020) financial statements as prepared by Brady Ware and Schoenfeld, September 1, 2021 and approved by the FMEC Board of Trustees on December 16, 2021.

## SUPPORT THE FMEC!

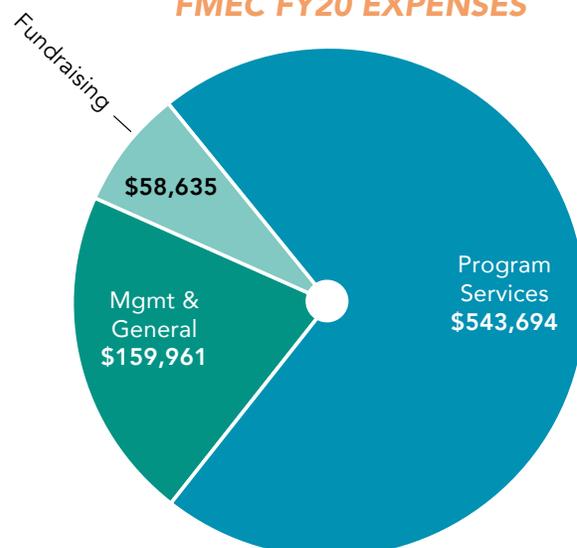
You can support the great work of the FMEC by donating to support FMEC's programming and scholarships and by joining as an FMEC organizational or individual member.

- The [FMEC Legacy Campaign](#) was established in 2020 to honor Larry Bauer and keep the FMEC strong well into the future. Donate or make a pledge today.
- FMEC's student scholarships ensure the next generation of family physicians by helping medical students learn more about family medicine. Contact the FMEC to donate to support student scholarships.
- Membership in the FMEC is only \$30 for residents and fellows and \$50 for other professionals. [Join today](#) to get FMEC communications, registration discounts and more.
- Medical schools, residency programs and health systems are encouraged to join the FMEC as [partners](#) to support our work and gain access to special benefits and services.

### FMEC FY20 REVENUE



### FMEC FY20 EXPENSES



# 2021-2022 FMEC Partners

## President

UPMC Life Changing Medicine  
Allegheny Health Network (AHN) /  
Highmark  
Forbes Family Medicine Residency  
Program  
Saint Vincent Family Medicine Residency  
Program

## Platinum

Atlantic Health System  
Overlook Medical Center Family  
Medicine Residency  
Duquesne University School of Osteopathic  
Medicine  
MedStar Health  
MedStar Franklin Square Family Medicine  
MedStar Health/Georgetown-Washington  
Hospital Center Family Medicine  
Residency Program  
Meritus Health  
Meritus Family Medicine Residency  
MetroHealth Medical Center  
Case Western Reserve/MetroHealth  
Medical Center Family Medicine  
Residency  
St. Luke's University Health Network  
St. Luke's University Health Network FMR  
- Anderson  
St. Luke's University Health Network FMR  
- Bethlehem  
St. Luke's University Health Network FMR  
- Miners  
St. Luke's University Health Network FMR  
- Sacred Heart  
St. Luke's University Health Network FMR  
- Warren  
UPMC Altoona Family Medicine Residency  
UPMC St. Margaret Medical Staff  
WellSpan  
WellSpan Good Samaritan Hospital FM  
Residency - Lebanon, PA  
WellSpan York Hospital FM Residency  
Program - York, PA

## Gold

Christiana Care Health System Family  
Medicine & Emergency Medicine /Family  
Medicine Residency Program  
Christiana Care Health System FMRP  
Greater Lawrence Family Health Center  
Lawrence Family Medicine Residency  
Icahn School of Medicine at Mount Sinai  
Department of Family Medicine and  
Community Health  
Harlem Residency in Family Medicine, in  
collaboration with Mount Sinai Hospital  
Mid-Hudson Family Practice Residency  
Program, in collaboration with The  
Kingston Hospital  
Mount Sinai Beth Israel Residency in  
Urban Family Medicine, in collaboration  
with Mount Sinai Beth Israel Hospital  
Jamaica Hospital Medical Center  
Albert Einstein College of Medicine/  
Jamaica Hospital Medical Center Family  
Medicine Residency Program  
Penn Medicine / Lancaster General Health  
Lancaster General Hospital Family  
Medicine Residency  
St. Clair Hospital  
Summa Health Akron Family Medicine  
Residency Program  
University of Massachusetts Department of  
Family Medicine and Community Health  
University of Massachusetts Fitchburg  
Family Medicine Residency Program  
University of Massachusetts Medical  
School Dept of Family Medicine and  
Community Health  
(Worcester Family Medicine Residency  
Program)

## Silver

American University of the Caribbean  
School of Medicine  
Middlesex Family Medicine  
Montefiore Medical Center/Albert Einstein  
College of Medicine-Department of  
Family & Social Medicine  
St. George's University School of Medicine  
St. Matthews University School of Medicine

## Bronze I

Albany Medical College Department of  
Family and Community Medicine  
Boston Medical Center Department of  
Family Medicine  
Drexel Department of Family, Community,  
& Preventive Medicine  
New York Institute of Technology College  
of Osteopathic Medicine (NYITCOM)  
Northeast Ohio Medical University  
(NEOMED)  
Sidney Kimmel Medical College of Thomas  
Jefferson University  
SUNY Downstate Medical Center  
University of Cincinnati Department of  
Family and Community Medicine  
Virginia Commonwealth University

## Bronze II

Abington Family Medicine Residency  
Program  
Central Maine Medical Center Family  
Medicine Residency  
Cleveland Clinic/Fairview Hospital  
Conemaugh Memorial Medical Center  
Family Medicine Residency  
Crozer-Keystone Family Medicine  
Residency Program  
Eastern Maine Medical Center Family  
Medicine Residency  
Heritage Valley Family Medicine Residency  
Program  
Hunterdon Family Medicine Residency  
Program  
Indiana Regional Medical Center  
Maine-Dartmouth Family Medicine  
Residency  
McLaren St. Luke's Family Medicine  
Residency  
Penn Highlands Healthcare  
University of Vermont Health Network -  
Champlain Valley Physicians Hospital  
Family Medicine Residency  
UPMC McKeesport Family Medicine  
Residency Program  
UPMC Shadyside Family Medicine  
Residency Program  
UPMC Williamsport Family Medicine  
Residency



# 2021 FMEC PROJECTS & Learning Communities

We empower family physicians by serving as a catalyst, convener and incubator for their work. We create multi-institutional teams that advance the ideas of FMEC members. We support each community as it forms and grows. We have helped family physicians to take their ideas from conception to implementation. Over the years, projects like [Smiles for Life](#) and [Pulse: Stories from the Heart of Medicine](#) began as projects supported by the FMEC. We are proud to help family physicians to succeed.



## I.M.P.L.I.C.I.T.

Founded in 2003, the IMPLICIT Network is a maternal and child health

learning collaborative, focused on improving birth outcomes and promoting the health of women, birthing people, infants, and families through innovative models of care, quality improvement and professional development. Since 2014, 36 IMPLICIT clinic sites have implemented interconception care (ICC), with 29 actively working with IMPLICIT as of the end of 2021, including new sites such as Reading Family Medicine Residency, MetroHealth and others. During the FMEC 2021 Annual Meeting in Pittsburgh, PA, attendees learned about data management, cultural humility and responsiveness, and other topics, and breakout groups discussed sustaining the network, data accountability and community engagement. Through the fall of 2021, the network had worked with over 31,000 birthing person/child dyads and reported on over 122,000 well-child visits.



**FACTS**  
Fertility Appreciation  
Collaborative to Teach the Science

Thanks to generosity of its supporters as well as the team's dedication, perseverance, and flexibility, the [FACTS](#) Fertility

Appreciation Collaborative not only maintained its offerings but expanded in important ways.

- The [FACTS medical elective](#) remains one of the most effective educational opportunities for medical and health professional students interested in learning more about Fertility Awareness-Based Methods (FABMs). FACTS saw more student enrollments in our online elective over the last academic year than in the previous 2.5 years combined!
- FACTS offered its second virtual conference in 2021 and welcomed 265 people from around the world to learn more about FABMs. FACTS also held its first virtual [FACTS speaker training](#), preparing a dozen more medical professionals to share the evidence about FABMs.
- FACTS premiered its newest presentation, [a webinar for adolescents](#) titled, "Know Your Body," which was well received!
- FACTS launched an innovative 6-part CME course called [Fertility Awareness Based Methods \(FABMs\) for Family Planning and Restorative Reproductive Women's Healthcare](#). This course prepares medical professionals to present FABMs as options for family planning, women's health monitoring, and medical management of common reproductive health concerns. It is approved for up to 74 AAFP-approved CME credits.
- Finally, FACTS promoted two important databases. The [FABM Professionals Database](#) provides a searchable, national database of physicians, medical professionals, and fertility educators. The FABM Research Database features a collection of over 130 fertility awareness related articles, with a summary of key results and conclusions, available to paid FACTS members.

## INTEGRATIVE HEALTH

Launched in 2020 and sponsored by the Samueli Foundation, the FMEC Integrative Health Learning Community (IHLC) is improving the delivery of person-centered

integrative health practices into routine primary care. Social and behavioral determinants of health are poorly managed in medicine, and the COVID pandemic highlighted even further the need to enhance our ability to address chronic disease risks and those disproportionately affected such as the elderly, minorities, the poor, and people of color. The IHLC is helping 17 practices use the HOPE (Healing Oriented Practices and Environments) tools during visits, understand non-pharmacological approaches for pain and opioid management, and integrate evidence-based complementary treatments and support of self-care for chronic diseases into practice. In late 2021, the practices completed a year of educational sessions and quality improvement cycles and presented their results at the FMEC 2021 Annual Meeting. A small group is continuing to meet into 2022 while the FMEC plans its next cycle of the learning community.

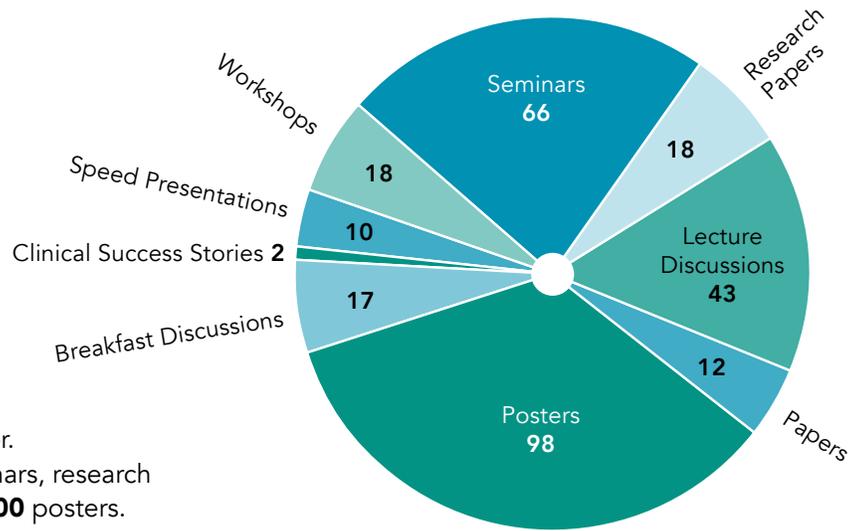


# 2021 FMEC Annual Meeting

## BY THE NUMBERS

The 2021 FMEC Annual Meeting was held October 8-10, 2021 in Pittsburgh, PA. Despite a difficult year, the meeting was a huge success, attended by **261** faculty members, **174** residents, and **237** medical students.

The Residency Fair featured nearly **70** residency program booths and was as lively and loud as ever. The program featured over **170** workshops, seminars, research presentations, discussions and more and nearly **100** posters.



**Laurence C. Bauer, MSW, MED**

### THANK YOU TO LARRY BAUER FOR 30 YEARS OF LEADERSHIP!

In 2021, the FMEC Board of Trustees announced that Laurence Bauer, the founding CEO, had decided to step aside and welcome a new CEO to lead FMEC. "We are so grateful for the legacy Larry has nurtured within the FMEC community over the past three decades," stated Dr. Raj Woolever, FMEC president. "Family medicine in the northeastern United States and across the country has benefitted from Larry's creativity, endless energy and ability to connect people and ideas to improve and advance the world of Family Medicine. He recruited all of us, and so many others before us, to serve as Board members of this dynamic nonprofit, shaping the future of Family Medicine through education, innovation, and inspiration." Larry served as CEO from 1994 to 2021. Previously, he was Director of Organization and Faculty Development at the Ohio State University School of Medicine, Department of Family Medicine and was Director

of Faculty Development and Behavioral Science in the Department of Family and Community Medicine at the Pennsylvania State University School of Medicine. "We send rounds of applause echoing across the country to Larry for his contributions to the family medicine movement and to the FMEC, in particular," said Dr. Woolever. "As Larry is fond of saying, 'It turns out that family medicine really is rocket science!' and in the FMEC, he's built an organization poised to propel the Family Medicine movement into the future."

Those interested in recognizing Larry's accomplishments and supporting FMEC into the future can make a gift to the [FMEC Legacy Campaign](#).

## MORE Information

### We Serve

- 14 States + DC
- 60 Medical School Departments of Family Medicine
- 195 Family Medicine Residency Programs
- 34,000 Family Physicians

### Contact Info

Scott G. Allen, MS  
Chief Executive Officer  
scott.allen@fmec.net  
[www.fmec.net](http://www.fmec.net)



## FMEC Staff



- Scott G. Allen, MS** – Chief Executive Officer
- Lisa Schwieterman** – Senior Administrative Assistant
- Jennifer Stamper** – Project Coordinator
- Denise Steele** – Project Coordinator
- Shayla Rammel** – Project Coordinator
- Douglas R. Hull, CFA** – Chief Financial Officer
- Susan C. Eckert, MED** – Director of Advancement