



***FAMILY MEDICINE EDUCATION CONSORTIUM, INC.***

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Official Sponsor of the Northeast Region Meeting of the Society of Teachers of Family Medicine

# Family Medicine: The Power To Change Our World

2005 Winner and Nominees

Presented at the 2005 STFM NorthEast Region Meeting

By the  
Board of Trustees of the Family Medicine Education Consortium, Inc.  
[www.fmec.net](http://www.fmec.net)

## ***Family Medicine: The Power to Change Our World***

*Family Physicians have a long tradition of leadership in the communities in which they live and work. In addition to caring for patients and families in the office and hospital, they are involved on the local, state, national and international scene. Family Physicians play a special role in promoting the health and well-being of our world.*

The Family Medicine Education Consortium, Inc. wishes to identify and recognize Family Physicians who have developed innovative projects and programs that have had a positive impact on the world. The Family Medicine Education Consortium, through its STFM: NorthEast Region meeting, would like to recognize Family Physicians who have demonstrated significant achievement in promoting the health and well-being of the community at the local, state, national or international levels.

To receive recognition through this award a Family Physician must:

- Currently live and/or work in the northeast region of the US (Ohio to Maine to DC and Maryland) at the time of nomination.
- Have designed and implemented innovations that made a significant impact on the health and well-being of the community at large.
- The nominees should be currently alive and active in their project. Nominations may include recently retired individuals.
- Their efforts should have had a demonstrable impact on a group or groups of people in the community at large. The focus of their effort may be related to the health care, political, economic, religious/spiritual domains.

### **Family Medicine: The Power to Change Our World 2005 Review Committee**

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# **Family Medicine: The Power To Change Our World**

## **2005 Award Winner and Nominees**

### **Winner**

Alvin (Hal) Strelnick, MD

### **Nominees** (listed alphabetically)

Cheryl Clark, MD

Seiji Hayashi, MD, MPH

J. Randall Richard, MD

Douglas Stockman, MD

**Alvin H. Strelnick, MD**  
Professor, Family & Social Medicine  
Director Institute for Community & Collaborative Health  
Director, Division of Community Health, Department of Family & Social Medicine  
Montefiore Medical Center  
Albert Einstein College of Medicine  
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Educational Background:

Dr. Strelnick received his Bachelor's Degree from Princeton University in 1970. He attended Yale University School of Medicine in New Haven, Connecticut, and completed his Family Medicine Residency in Social Medicine at Montefiore Medical Center located in the Bronx, New York. He complimented his training in Family Medicine with fellowship training in Family Therapy at the Ackerman Institute for Family Therapy.

Significant Achievements: (Those which were targeted by the nominators relating specifically to "The Power to Change our World" Award)

For his clinical work, he has been recognized in Town & Country Magazine as one of its "Best Primary Care Physicians" in 2000 and by New York Magazine & Castle Connolly Guide as one of their "Best Family Physicians" from 2001 – 2005.

The corner of the world that has benefited significantly from Dr. Strelnick's work is the Bronx, NY. The Bronx is currently an epicenter of cardiovascular disease, asthma, diabetes and obesity. One of Dr. Strelnick's greatest abilities is to put these problems into context and focus on the beauty, strengths and resources of its people. This alleviates the tendency to blame the victims and fosters the creativity needed to find solutions to problems. He models a capacity to weather storms with his wisdom and patience and his door is always open to those in need. He has helped breathe life into a number of research projects going on in the Bronx aimed at reducing racial and ethnic health disparities. He has been principal investigator, co-investigator or consultant on a number of projects addressing a wide variety of subject areas. Among these are the geography of air pollution and asthma in the Bronx, one of several projects of the South Bronx Environmental Justice Partnership, numerous projects targeted at reducing disparities related to cardiovascular disease and diabetes and one on community perceptions of environmental hazards. These efforts will be honored at this year's Albert Einstein College of Medicine commencement ceremony. On June 1, 2005, the AECOM Alumni Association will name Dr. Strelnick Distinguished Albert Einstein College of Medicine Faculty member.

The development and sustenance of community-based and oriented practices has been a central activity for Dr. Strelnick. He helped start the Martin Luther King, Jr. Crotona Community Health Center with a Title 330 Satellite Center grant. He completed his National Health Service Corps term there. He was also involved in the effort that started the Morris Heights CHC, Columbia Presbyterian's Ambulatory Care Network, and the Montefiore Family Health Center. FHC celebrates 25 years of serving as the continuity practice site of the Montefiore Family Medicine Residency this year. In addition, he served as the founding Project Director for the Montefiore Health Care for the Homeless Project from 1984 – 1990. During the same timeframe, he was responsible for a turnaround at Montefiore's community-based Valentine Lane Family Practice that prevented its closure and fostered its growth. Tens of thousands of people, including many new immigrants who speak a dozen different languages and people living in communities beset with poor health statistics rely on the health centers and their outreach programs for diagnosis, preventive care and chronic disease management delivered with dignity.

By harnessing his talents and efforts for those in greatest need, Dr. Strelnick has worked to build and re-build an infrastructure for clinical services and for the education of individuals at all levels of development and in many disciplines. Countless others who have learned with and been inspired by him have disseminated similar work to many communities across the country. In a quiet and unassuming manner, using his talents as a writer, negotiator and net worker, he has woven the torn fabric of the Bronx quilt of communities through collaborations and through the strengthening of community-based organizations.



**Cheryl Lynn Clark, MD**  
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Educational Background:

Dr. Clark is a 1988 graduate of Spellman College where she earned a Bachelor of Science in biology. She subsequently earned a M.A. in biology from Hunter College prior to entering medical school at SUNY Health Science Center at Brooklyn, NY. She received her MD in 1996 and came to St. Clare's Hospital at that time.

Significant Achievements: (The following material is excerpted from Dr. Clark's letter of nomination)

As a resident, Dr. Clark was the resident force that established what has come to be known as the City Mission Clinic. This is a free clinic ran by volunteers for homeless people in Schenectady, New York. She rallied and recruited fellow residents to donate their evenings once a week to staff this clinic. Her enthusiasm is contagious and the clinic continues to this day.

Following her residency, she began work in the Schenectady Family Health Center. Although she could easily have chose employment in a less disadvantaged area, she chose this site because of her dedication to improving the health of the local community.

As a practitioner at Schenectady Family Health, Dr. Clark proved the continuous and comprehensive care which is the hallmark of our specialty. She is involved in obstetrics, pediatrics and adult medicine as well as in-patient medicine. She also cares for HIV patients and is a great advocate for her patients and seeks the appropriate care and services for them.

Dr. Clark recently assumed the additional responsibility of the director of the medical services for the Schenectady County Jail. Within six months of assuming this position, she was recognized as having made a significant improvement in the care of this population. A feature story highlighting her contributions recently appeared in the local newspaper.

Dr. Clark is an active member of her church and her community. Since graduation from her residency, she has remained active as a volunteer community preceptor and as a family practice obstetrician teacher. She has a special interest in supporting minority residents and serving as a mentor. She has established a reading club at Schenectady High School for minority students. This volunteer activity is yet another example of her commitment to the health and education and the minority members of her local community. As a member of LINKS, The African American Women's organization, she is active in community projects and continues to work toward improving her local community.

Dr. Clark is vice-chair of the State Leadership Commission and Schenectady County Delegate for the New York Academy of Family Practice.

Dr. Clark's impresses student, residents and colleagues on the faculty with her enthusiasm and commitment to her effort. Dr. Clark is a powerful force, destined to achieve greatness as she changes our world.



**Arthur Seiji Hayashi, MD, MPH**  
Georgetown University Medical Center  
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Educational Background:

Dr. Hayashi is a graduate of Vassar College with a degree in art and sculpture. He earned his MD from Albert Einstein College of Medicine and a Masters in Public Health and Fellowship in Minority Health Policy from Harvard University.

Significant Achievements: (The following material is excerpted from Dr. Hayashi's letter of nomination)

Dr. Hayashi is an assistant professor of Family Medicine and Director of the Division of Community Health at Georgetown University Medical Center. In the past three years as a faculty member, Dr. Hayashi has invigorated his co-workers and has exhibited a great passion for the medically underserved and has established numerous programs for this purpose in the District of Columbia. Many of his projects have taken place at the Walker-Jones Community Health Center which caters to immigrant and African American populations in Northwest D.C. In 2003, Dr. Hayashi founded the Community Oriented Primary Care (COPC) project at Walker Jones. Through this project, the needs of the patient community have been longitudinally researched and identified.

Immigrant health is one of Dr. Hayashi's passions. He is an active member of both Doctors for Global Health and Physicians for Human Rights. He regularly volunteers at the organization's Asylum Network to provide pro bono medical and psychological evaluations for individuals who are seeking asylum in the United States. One of his newest projects is the development of a regional partnership between George Washington University, Johns Hopkins University and local community health centers in order to further develop medical and psychological counseling and health care resources for victims of torture from other nations.

In the International arena, through Doctors for Global Health, Dr. Hayashi has served as a mentor to public health volunteers who are planning to work in El Salvador and Chiapas, Mexico. He assisted in building partnerships in International community health by organizing and teaching a Community Oriented Primary Care course partnering with a small village in El Salvador.

In addition to his community service, Dr. Hayashi is a practicing family physician at the Walker-Jones Health Center in Washington, D.C. and maintains a dedicated family medicine practice. As the Department of Family Medicine's Director of Community Health, Dr. Hayashi oversees the development and growth of the department's numerous community health-oriented programs, including the first year medical student Service-Learning curriculum, the family medicine residency curriculum in community health and the Department's unique one year fellowship program designed to train future directors of community health centers. As an Adjunct Assistant Professor of Community and Preventive Health at George Washington University, Dr. Hayashi also lends his expertise and enthusiasm for community medicine to Masters in Public Health students each year through a COPC course and as a special project advisor.

In all of these arenas, he teaches and mentors medical students, residents, graduate students and fellows with kindness, commitment and integrity, all while continuing his extraordinary commitment to the underserved populations.



**J. Randall Richard, MD**

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Barberton, Ohio  
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**Educational Background:**

Dr. Richard received his BS in Chemistry from Bowling Green State University and his MD from the University of Cincinnati College of Medicine in 1979. He completed his internship and residency in Family Practice at St. Elizabeth Medical Center in Dayton Ohio.

**Significant Achievements: (The following material is excerpted from Dr. Richard's letter of nomination)**

Dr. Richard currently is the Residency Program Director of the Barberton Citizens Hospital Family Practice Residency Program and Associate Dean for Clinical Education for the Barberton campus of Northeastern Ohio Universities College of Medicine (NEOUCOM). He is a Professor of Clinical Family Medicine at NEOUCOM. Also, he is a member of the Family Medicine Council. In these roles, Dr. Richard is key to the education of NEOUCOM medical students and the residents in his program.

Dr. Richard is the founder and Medical Director of the Willard Migrant Farm Worker Clinic, which operates in a rural area Southwest of Akron, Ohio. His drive to care for migrant farm workers resulted in his founding, organizing, staffing and arranging for funding for this clinic. The clinic has now been in operation for thirteen years and the impact of this clinic and the care provided have shown amazing results. He also has students and residents involved in this project, role modeling a service orientation in a manner that speaks louder than words.

Dr. Richard served for several years as the medical director for the Barberton Summit County Free Clinic. In addition, he has traveled regularly to Honduras since 1990 to provide care as a member of the Shoulder to Shoulder project sponsored by the University of Cincinnati.

Dr. Richard's curriculum vita acknowledges his extensive service contributions. Awards, which he has received for his service, include the C. W. Keck Community Medicine Service Award and the Summit County Medical Society Community Service Award. His curriculum vita also documents his academic publications and his position as a test item writer for the American Board of Family Practice. He lectures regularly to medical students concerning service for the underserved and is a member of the NEOUCOM Committee for the Development of Educational Experiences in Healthcare to the Underserved.

Dr. Richard's energy and commitment are inspiring. His keen sense of humor belies his determination and vision. Dr. Richard is an inspiration to all who work with him.

**Douglas Stockman, MD**  
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Educational Background:

Dr. Stockman received his BS from St. Lawrence University in Canton, New York. He received his MD from the University of Rochester School of Medicine and Dentistry and completed his Family Medicine Residency at the University of Rochester.

Significant Achievements: (The following material is excerpted from Dr. Stockman's letter of nomination)

Dr. Stockman has a long history of commitment to caring for underserved populations and both practicing and teaching International and refugee health. As a medical student, he worked for two months in Senegal, Liberia, and the Ivory Coast as part of Operations Crossroads Africa and provided acute care to rural villagers. Two years later, still as a medical student, Dr. Stockman spent two months in Liberia working out of a small mud hut in a small rural village as the only health care provider in a 150 square mile area.

As a result of his experiences in Africa, Dr. Stockman founded the Organization for West African Health (OWAH), a non-profit organization designed to support small grassroots health programs in West Africa. As a third year Family Practice resident, he was funded to return for two months to Liberia where he continued the work he started as a medical student and laid plans to build a clinic in a small rural village. After completing his residency, Dr. Stockman moved to Liberia for a year to practice in Saywon Town, a remote village that can only be reached by a two hour bush plane flight from the capital city of Monrovia, followed by a 15 mile drive through the jungle. In this extremely remote site, Dr. Stockman built a small medical clinic, provided health education talks, improved the local water quality, supervised latrine construction, improved the rice yield by twenty percent, introduced more nutritious vegetables into the villager's diet and developed a program of maternal-child health education.

Unfortunately, his work was cut short due to the Liberian civil war, and he had to flee for his own safety. Between 1990 and 1994, Dr. Stockman volunteered his medical services to local area migrant farm workers in Rochester and published a book entitled *Community Assessment: Guidelines for Developing Countries*.

Because of the ongoing war in Liberia, Dr. Stockman was unable to return to his clinic. Undeterred he moved to Ghana in 1994 where he lived for two years in a remote village of 60 people. Here, he created a rural health clinic similar to the one he had developed in Liberia.

For the past six years, Dr. Stockman has been a faculty member in the Department of Family Medicine at the University of Rochester where he has created an International Health Education Track and has made the care of refugees a priority. He has developed the largest refugee health program in Rochester and obtained a grant from the New York State Health Department to assist with paying for medical care for uninsured refugees.

Dr. Stockman is passionate about teaching International and refugee health to residents and to community physicians. He has developed a program on International Health that combines didactic training and significant overseas experiences for interested residents and faculty. He is committed to expanding the number of highly trained health care workers in underserved areas, both in the United States and under-developed areas of the world.

As Director of URMC's International Health Program, Dr. Stockman is developing the Department's community health project in collaboration with the Village of San Jose in Western Honduras and Hombro-to-Hombro, an independent foundation. Two to three times a year faculty, residents and medical students spend one month in San Jose doing community assessments and health interventions. They are currently in the midst of a comprehensive community health assessment in San Jose and are in the process of developing a medical clinic for the village. Dr. Stockman is heading the fund-raising effort to support these activities. Work on the medical clinic will begin shortly and a full time Honduran nurse will be added to staff the clinic year round. Dr. Stockman has become a role model for residents in providing humane care for refugees and inhabitants of third World countries.



**To nominate a Family Physician from the northeast region of the U.S.  
For this award for 2006  
Go to  
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